

Test Your Marriage IQ

Answer true or false to the following questions:

1. Successful marriages are mainly luck.
2. Researcher John Gottman says that healthy marriages show a 2 to 1 ratio between positive to negative interactions.
3. Men are more likely to be overwhelmed by argumentation than women.
4. Gottman has isolated a single factor by which he can predict the outcome of a marriage with an accuracy of over 90%.
5. Research shows that couples who live together before marriage can increase their marital odds substantially.
6. The most important step in the listening skill is making sure you heard the other person correctly.
7. The highest percentage of marriages break up around the time of the “seven year itch.”
8. Having lots of disagreements indicates that a couple is in trouble.